



# **SICKLES GRYPHONS**

---

## **HEAD COACHES 2022-2023**

<b>BASEBALL</b>	<b>Eric Luksis/Eric.Luksis@hcps.net</b>
<b>BASKETBALL/BOYS</b>	<b>Mike Weaving/Michael.Weaving@hcps.net</b>
<b>BASKETBALL/GIRLS</b>	<b>Mark Key/Gerald.Key@hcps.net</b>
<b>CHEERLEADING</b>	<b>Jennifer Behm/Sicklescheerleading@gmail.com</b>
<b>CROSS COUNTRY/BOYS</b>	<b>Jon Noland/jrnolandii@yahoo.com</b>
<b>CROSS COUNTRY/GIRLS</b>	<b>Jon Noland/jrnolandii@yahoo.com</b>
<b>FLAG FOOTBALL</b>	<b>Brian Settlemire/Brian.settlemire@hcps.net</b>
<b>FOOTBALL</b>	<b>Kyle Jolly/Kyle.Jolly@hcps.net</b>
<b>GOLF/BOYS</b>	<b>Joseph DiPompo/JoeyDiPompoGolf@gmail.com</b>
<b>GOLF/GIRLS</b>	<b>Joseph DiPompo/JoeyDiPompoGolf@gmail.com</b>
<b>LACROSSE/BOYS</b>	<b>Collin Strait/collin.strait@email.saintleo.edu</b>
<b>LACROSSE/GIRLS</b>	<b>Mark Hangen/mhangen22@verizon.net</b>
<b>SOCCER/BOYS</b>	<b>Patrick Miller/pmill1719@gmail.com</b>
<b>SOCCER/GIRLS</b>	<b>Patrick Dominique/Patrick.Dominique@hcps.net</b>
<b>SOFTBALL</b>	<b>Al Bowman/Alb@AlBowman.com</b>
<b>SWIMMING/BOYS</b>	<b>Ron Parlett/1ronparlett@gmail.com</b>
<b>SWIMMING/GIRLS</b>	<b>Ron Parlett/1ronparlett@gmail.com</b>
<b>TENNIS/BOYS</b>	<b>Antony Valencia/Tenniscoachvalencia@yahoo.com</b>
<b>TENNIS/GIRLS</b>	<b>Jana Melamut/Janabmelamut@gmail.com</b>
<b>TRACK/BOYS</b>	<b>Matthew Delamater/Matthew.Delamater@hcps.net</b>
<b>TRACK/GIRLS</b>	<b>Jon Noland/jrnolandii@yahoo.com</b>
<b>VOLLEYBALL</b>	<b>Gary Jones/Gary.Jones@hcps.net</b>
<b>WRESTLING</b>	<b>Terry Brockland/Terry.Brockland@hcps.net</b>

**COACHES ARE REMINDED TO TEACH THE  
PHILOSOPHY THAT PARTICIPATION IN HIGH SCHOOL  
ATHLETICS IS A PRIVILEGE**